

# HOW to be a FRIEND!

## Greetings!

You did it! You made it through the whole FRIENDS series!! Did you find that it is hard, or easy to be a friend? Just like we are teaching you to be a good friend, we want to make sure that you are choosing people who are being good friends to you! To tell if someone is a good friend to you, are they **F**inding something in Common with you? Are they **R**especting your Space, Property and Ideas? Do they **I**nvite you to participate in things? Are they showing you **E**mpathy (that they care for you)? Do they **kN**ow when to support you? Are they **D**oing the right things (not being mean to you, or doing bad things to hurt your feelings)? Do they **S**ay they are sorry when they are wrong? If you can answer yes to these questions, you have a good friend!! This final newsletter, we will be talking about Saying you're sorry. Everyone makes mistakes! Let us know if you want to talk about anything we have shared with you.

Sincerely,

-Your TDA School Counselors ☺



## FRIENDS

- F** Find Something in Common
- R** Respect Other People (Space, Property, Ideas)
- I** Invite & Include Kids to Participate
- E** Empathy – Show you Care
- N** kNow When to Support Each Other
- D** Do the Right Thing
- S** Say You're Sorry. Everyone Makes Mistakes.

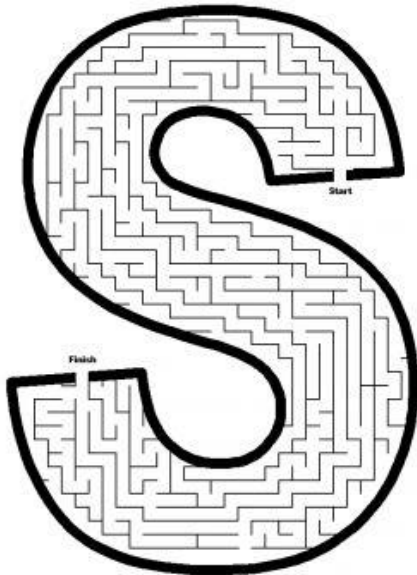


# HOW to be a FRIEND

## **S** Say You're Sorry. Everyone Makes Mistakes.

Everyone at one time or another does or says something that they regret (feel bad about). If you say or do something to your friends that hurts their feelings, it is important to say that you're sorry. Ask them to forgive you and try not to hurt them again.

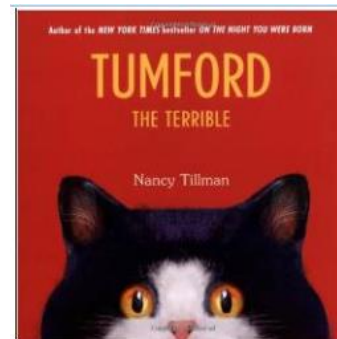
Complete the Maze 😊



Check it Out!

### **Tumford the Terrible**

(Ctrl+click on the link above to see the story)



Contact Us If You Have Questions!

**Emily Fitzpatrick-Kirk** – Students last name A-D  
888-828-4798 ext. 261, [ms\\_fitzpatrick@mytda.org](mailto:ms_fitzpatrick@mytda.org)

**Shawna Gove** – Students last name E-K  
888-828-4798 ext. 275, [ms\\_gove@mytda.org](mailto:ms_gove@mytda.org)

**Nichole Miller** – Students last name L-R  
888-828-4787 ext. 326, [ms\\_miller@mytda.org](mailto:ms_miller@mytda.org)

**Jodi Staggs** – Students last name S-Z  
888-828-4798 ext. 278, [ms\\_staggs@mytda.org](mailto:ms_staggs@mytda.org)